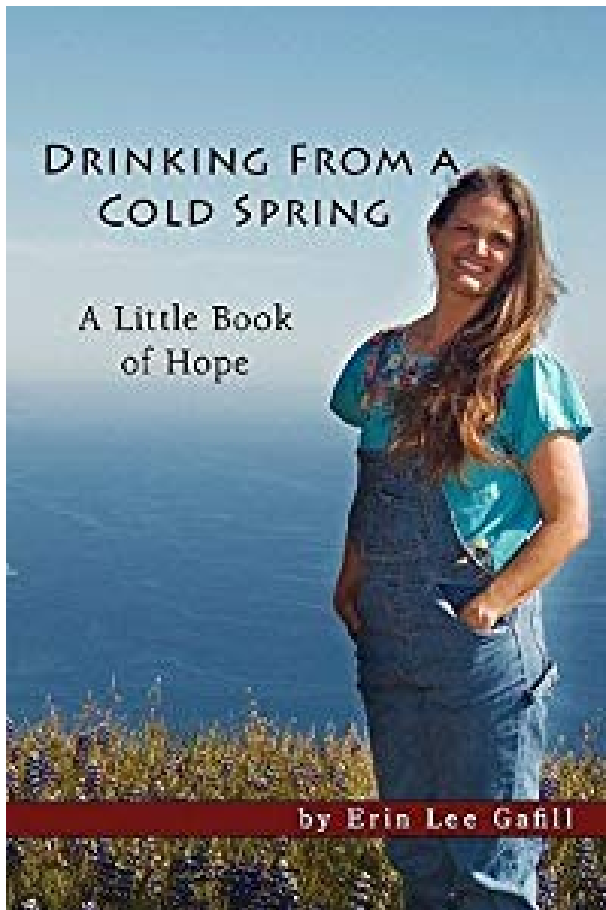


Drinking from a Cold Spring: A Little Book of Hope



Language	English
Author:	Erin Lee Gafill
Goodreads Rating:	3.83
ISBN13:	9781439240434
Published:	May 28th 2009 by Booksurge Publishing
ISBN10:	1439240434
Genre:	Nonfiction
Pages:	214

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If you struggle to find balance between creative work and personal life you know the challenges, distractions, and conflicts that get in the way. Through her moving and insightful writing, Erin Lee Gafill tells you the stories that have shaped her personal journey.

While not a "how to" book by any means, Drinking From a Cold Spring is filled with inspiration and object lessons in how to keep your head in your work while keeping your heart in your life. Gafill is a working artist, born and raised in Big Sur, California. Her paintings are collected internationally, and her essays, first published in her blog, The Big Sur Fix, are read by thousands.