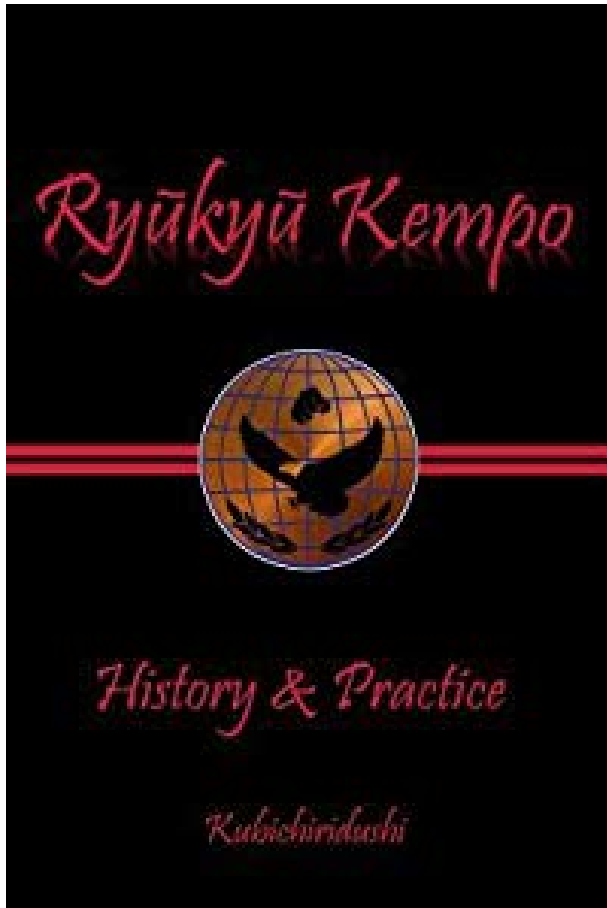


Ryukyu Kempo: History & Practice



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Ryukyu Kempo is an ancient martial art that evolved in the Old Kingdom: a chain of islands stretching from Kyushu in the north to Taiwan in the south.

It is comprised of five primary elements: 1. Kihon (basic techniques); 2. Kata (forms); 3. Kumite (free-fighting); 4. Kyusho-jitsu (pressure points); and 5. Kobudo (weapons).

Accordingly, the follower of this way is truly armed at all points. Perhaps more than any other practitioner, George Dillman has systematically deciphered and disseminated this art throughout the world.