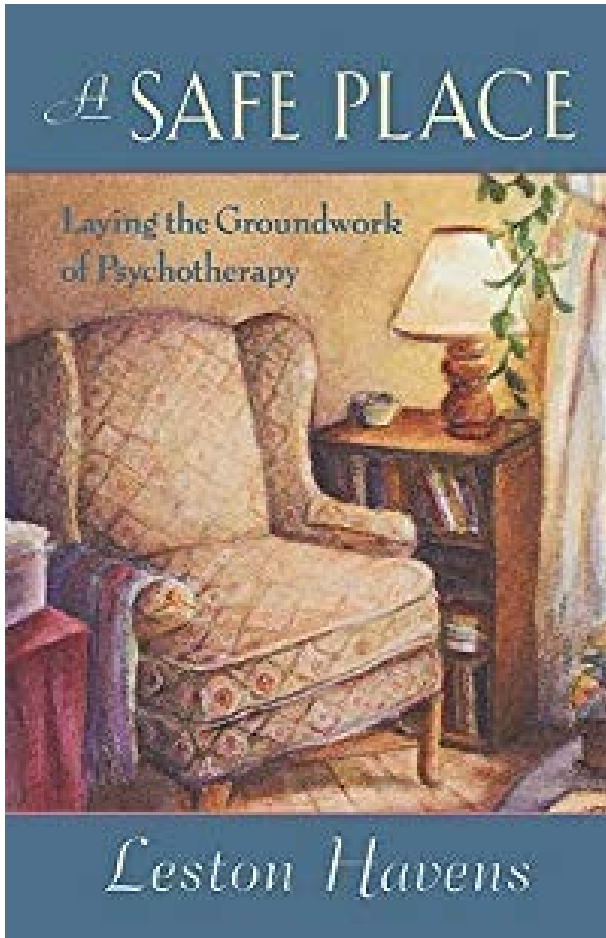


A Safe Place: Laying the Groundwork of Psychotherapy



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Drawing on his experience within psychiatry, Leston Havens takes the reader on a journey through the vast and changing landscape of psychotherapy and psychiatry today. Closely examining the dynamics of the doctor-patient exchange, he seeks to locate and describe the elusive therapeutic environment within which psychological healing most effectively takes place.